



**Manzanillo Pacific Real Estate, S.A. de C.V.**  
Blvd. Miguel de la Madrid Hurtado # 14540 Plaza Miramar Local 2 y 3,  
Col. Santiago, C.P 28860, Manzanillo, Colima, México  
Tel: (314) 334-2000

### **REFERRALS FOR MEXICO LIVING**

#### **Services of Emergency.**

<b>CFE.</b>	<b>071</b>
<b>Red Cross</b>	<b>336-5770</b>
<b>Civil Hospital</b>	<b>332-0029</b>
<b>Police</b>	<b>332-1004</b>
<b>Judicial Police</b>	<b>334-0877</b>
<b>PROFECO (Consumer protection)</b>	<b>332-6303</b>
<b>Tourist Info. Help</b>	<b>01-800-903-9200</b>
<b>SEMARMAP (Control wildfires)</b>	<b>332-0127</b>
<b>Wake up</b>	<b>031</b>
<b>National directory assistance</b>	<b>040</b>
<b>Telmex</b>	<b>336-5287</b>
<b>Emergency (municipal police)</b>	<b>060</b>
<b>International long distance</b>	<b>090</b>
<b>CAPDAM (water )</b>	<b>332-2252/332-0136/324-6393</b>
<b>IMMIGRATION</b>	<b>332-1844</b>
<b>GAS</b>	
Global Gas	332-0098
Gas Oro	333-0101 * 335-1777 * 335*1718 * 335-1515

#### **AA Meetings:**

For information about English AA meetings please call 335-0184 or 333-2085

#### **Alarms house/office**

**SIESEM NEW** 334-2233 \* 334-9494

#### **Appliances – Large selection of American products**

El Tio Sams      lozaexpo@prodigy.net.mx      **NEW**      01 333 811 0364

#### **Architects      **NEW**      (Recommended by Northamericans)**

Mario Garcia	(044 314 106 2502)	334 2754
Gilberto Ramirez	(044 314 353 0058)	344 1455
Manuel Medina	(044 314 106 5540)	334 0277
Alejandro de alba Martinez	334 0489	or 334 1610
Arq. Mario Igartua	<a href="mailto:marioigartua@yahoo.com">marioigartua@yahoo.com</a>	
Arq. Javier Sanchez Organista & Graciela		044 314 358 0240

**Cada Oficina es de Propiedad y Operación Independiente.**



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### Art Lessons:

Robert Hill 334 3165  
(Custom made tiles, tile murals, and individual tiles) **NEW**

### Arts and Crafts – Tlaquepaque and Tonalá – Almost Everything!

<http://vive.guadalajara.gob.mx/puntos/puntosi.asp?which=242>

### Attorneys – Speaks English

Erika Talia Alcantara Smith (044-314-305-0951) 333 7247

### Bed & Breakfasts

*La Posada* 3331899  
[www.hotel-la-posada.info](http://www.hotel-la-posada.info)  
*Bello Sueno B & B* [bello.sueno@yahoo.ca](mailto:bello.sueno@yahoo.ca) 334-7545  
*El Rancho Perla Negra* <http://ranchoperlanegra.com> 332 0050  
*Villa Copa de Oro* [www.mexicoheaven.com](http://www.mexicoheaven.com) **NEW** 335 0671

### Car Rentals

Auto Rentas de Mexico **NEW** 044 314 333 2580  
[autorental@gomanzanillo.com](mailto:autorental@gomanzanillo.com) (Alan or Oscar)  
Alamo **NEW** 333-1140 \* 334-0124 Airport \* 331-0101 Las Hadas  
Budget 333-1445 \* 334-2270 Airport 01-800700-1700 Pick Up Service  
Hertz 333-3141 \* 333-3191 Airport "Pick Up Service

### Computers and Internet

*Dial-Up – Bay Net* 333 1020  
*Telmex/Prodigy – DSL* 01 800 123 222  
*Repair and Hook-Up – English speaking*  
Diego A. Mora **NEW** 044314-1063230  
Alex Valezquez **NEW** 044-314-337-3841  
Jorge Luis (044 314 353 06 35) 332 6256  
Hierberto Ochoa 335 5285  
Wenceslao Navarro 044 314 118 5000  
Mario Ortiz Reyna Ross recommends 3339191 044 314 358 0844  
*Network Cabling*  
Diego A. Mora **NEW** 044314-1063230  
Angel Briseno Ramirez (044 314 376 59 03) 333 6115  
Encore Web Design [www.encorewebdesign.com](http://www.encorewebdesign.com) [info@encorewebdesign.com](mailto:info@encorewebdesign.com)

### Supplies Computers

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Diego A. Mora

044314-1063230

### Dental:

**Dr. Victor H. Berrospe Gomez 044 314 117 8274 (naval hospital until 4, then his office)**

### **VERY GOOD**

Susana Perez Villanueva	(044 314 101 29 02)	333 6214
Salvador Saucedo		334 2599
Margarita Saucedo (Periodontist)		333 1275
Emma Ruth Camacho C.		3333036

### Dishes – Stoneware – Excellent quality

Corporative Artesanal “Nochtli” (Tonala – Manuel) 01-318-683-0651

### Dog Grooming in your house

Oscar

332 3306

### Fishing

Sam and Marilyn Short

335 0605

### Florists

Las Flores de Estela (delivers)	333 1291
Floria Beky	335 3605

### Furniture - Equipale

Arturo's (Colima)	01 312 313 7642
El Rincon Mexicano (Tonala) Mexican Equipale	01 333 683 5444
Fabricantes de Muebles Rusticos - <i>Rustic furniture</i>	335 4500
Retail located in the Valley	

### Furniture - Contemporary NEW

El Gran Mueble (Just south of Soriana) 336 9721

### Foreing Bus Lines

ETN NEW	336-4785 * 01-800-8000-386
La Linea	332-0123 ** 314-8179
Primera Plus	336-4801 to 803 01-
800375-7587	

### Gardener

Miguel Lopez C. NEW 044 314 305 2927 334 0639

### Golf

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Club Santiago	335 0410
Club Pro – Javier	044 314 353 5284
Las Hadas	331 0101, x3703
El Tamarindo	01 315 351 5031
Isla Navida	01 315 355 5556
Grand Bay Golf Course	01 315 337 9024

### Hair

Anita's Estetica	(044 314 103 7489)	333 0454
Rosa (Belen)		333-1610
Mary's Estetica Unisex (Las Brisas)		044-314-1062293
Erika (in your home)		044 314 103 0086

### Home Renovations and Maintenance

*General Contractor for Most Renovation Projects:*

Raul Gutierrez Marquez		333 9272
Martin Santos		044 314 338 4908
<i>Floor Polishing:</i>	Nicolas Torrez (floor polishing, etc.)	334 2268
<i>Fumigation:</i>	Froilan	044 314 106 0201
<i>Carpenter:</i>	Joel Lazaro Mendez	334 1573
<i>Carpenter:</i>	Ezequiel Huerta	333 6335
<i>Painting:</i>	Jose Guadalupe	333 3705
<i>Plumber and Electrician:</i>	Angel Briseno Ramirez	044 314 376 59 03
<i>Plumber and Electrician:</i>	Faustino (daughter's cell)	044 314 106 5642
<i>Windows/Patio Doors:</i>	Aluminio Leon ( Jose Cortes)	333-0045

### Hospitals

Manzanillo Hospital	336-7272 * 336-7273
Echauri Center	334-0444 * 334-2696

### Insurance

SKYMED ( <a href="http://www.skymed.com">http://www.skymed.com</a> )	001-866-805-9624
Silvia and Miguel Jaramillo Lares car, house, health	044-314-357-1192
Ricardo and Manuela Morin	333 0420, 2720, & 2410

### Interior Decorating

Tapiceria Lepe (upholstery, drapes, bedspreads)	334 1908
Nelvin Frias (window treatments)	044 314 352 3750
Diseño Decoración Letticia	333 0869
Rigoberto Haro	335 0233

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Tel: (314) 334-2000

Susanna Corey 333 1388  
Marian Ring (044 314 117 1640) 335 0225  
Interior Design, Remodeling and Project Management

**Leak Detection, Water and Gas** FugaTech 333 3334

### **Manzanillo Elected Official – Speaks English**

Gaby Sevilla, Deputy of District 12 [gaby-sevilla@hotmail.com](mailto:gaby-sevilla@hotmail.com) 333 7392  
044 314 872 6837

### **Masseuse**

Lolita (Las Brisas) 333 2089  
Gaia clinic & Spa in Commercial Mexicana message, facial, manicure, pedicure, 334-1311  
Depilacion laser  
Belen Spa 333 1610  
Maru Romo's Clinic & Massage Center (044 314 120 1132) 334 3439  
Cecilia Montano Parra (044 314 872 2644) 334 2099  
Santos Barboza 044 314 103 7551

### **Mechanics**

David (cars and golf carts) **NEW** 335 1332  
Pedro (044 314 357 0187) 333 6153

### **Medical**

*Audiologia (Audiology & Hearing Aids) (Colima)*  
Dr. Eduardo Lopez G. ([elogi79@hotmail.com](mailto:elogi79@hotmail.com)) 01 312 330 2250

#### *Family Practice*

Dr. Blanca Alvarez Buylla / Dr. Mauricio Dominguez (O) 334 1838  
(044 314 358 0567) (H) 333 2526  
Dr. Ray Nicholson 044 314 352 3285

#### *General Medicine and Alternatives (Colima Sat. & Sun.)*

Dr. Jose Luis Ruelas L. 01 312 312 1998 01 312 307 1061

#### *Cardiology (Colima)*

Dr. Armando Velasco V. 01 312 312 7206 01 312 315 1302  
Dr. Alfonso Bayardo N. 01 312 314 4466/7180

*Dermatologist (Colima):* Dr. Homero Mireles R. 01 312 330 2727

Dra. Dianella Portillo Lozano 044-314-3570946 333 7510

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Has liquid nitrogen and knows how to use it..

*Chiropractor* Dr. Roald A. Moyers

044 314 357-3355

*Gynecologist* (Colima)

Dr. Gustavo Michel Ruiz (Unimed)

01 312 312 8846

Dra. Martha Susana Flores Coca

334-2380 \* 044314-119-7397

*Medicina Estetica* –Dra. Dianella Portilo L.

044 314 357 0946

*Ophthalmologist*

Dr. Sergio Zurroza (Manzanillo -Johns Hopkins trained)

332 6300

Dr. Ruben Anaya (Colima)

01 312 314 6644

Dr. Jesus Moreno (Colima) **NEW**

01 312 314 0126

*Orthopedics:*

Dr. Jimenez

3341406

*Otolaryngology* (Colima) Dr. Juan Carlos Gonzales G.

01 314 332 4333

*Plastic Surgeon:* (Colima)Dr. R. Alberto Corvarrubias B.

01 312 312 5098

*Psychologist:* Dr. Luz Teresa is not taking new patients

Dra. Kathleen Mojas 314-121-4038

*Radiologist:* (Colima) Dr. E. Augusto Sanchez

01 312 314 3535

[ceim65@hotmail.com](mailto:ceim65@hotmail.com)

<http://cima-diagnosticos.com.mx>

*Urologist*

Dr. Carlos Gonzales Suarez 013336157585 013336161519

Cel 0450333 676 0180

Guadalajara

**Moving Company – handles large move from up north **NEW****

Rainier Overseas Movers, Inc. [rebecca@rainieros.com](mailto:rebecca@rainieros.com)

800 422 5440

**Podiatry** (Todo for your feet!)

333 6000

**Real Estate**

[www.coldwellbankerbienesraices.com](http://www.coldwellbankerbienesraices.com)

[candyk@coldwellbankerbienesraices.com](mailto:candyk@coldwellbankerbienesraices.com)

01-314-334-2000

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### Restaurants

Calypso Cafe/Boutique (Melaque)	01 315 355 7168
Colima Bay Cafe	333 1150
Costenyo's (Some food but fabulous coffee house)	333 9460
Domino Pizza (delivers)	333 3600
El Caribe ( <a href="mailto:marcarib99@hotmail.com">marcarib99@hotmail.com</a> )	333 0800
El Oasis	335 0900
El Tablao	335 1147
El Rincon	333 3687
Juanito's	333 1388
La Pergola	333 2265
L'Recife	335 0900
Mandarin Wok (delivers)	334 0590
Manos Morenas (caterers)	333 0323
Monkey's (will deliver large orders) Manzanillo Centro	332 7977
Boulevard (across from Comercial)	334 7698
Pedro's	335 0063
Portofino	334 1333
Senor Sushi (delivers)	333 0982
Sunset Lounge	333 6400
Toscana's	333 2515

**Snorkeling / Scuba Diving** Susan and Carlos (044 314 358 0327) 333 0642

### Spas

Sky Blue Spa (Eduardo Vega or Lee Anne Malloy)	333 3308
Belen's	333 1610
Gaia clinic and spa	334-1311

**Spanish Lessons** Jan Castillo 335-3770  
[jan@jancastillo.com](mailto:jan@jancastillo.com) ([www.jancastillo.com](http://www.jancastillo.com))

### Taxis / Tours (English speaking)

Amigo Tours – Roberto Soberano (044 314 353 2059)	334 6280
Jorge	334 0737
Federico Lopez	044 314 357 3503
Memo	044 314 338 8865
Ricardo Perez (044 314 305 7511)	335 3616

### Telephone – International Calling Plan

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GlobalPhone - Nancy Savon ([callfrommexico@yahoo.com](mailto:callfrommexico@yahoo.com)) 01 376 766 3040

### **Television**

Satellite – Sky (Direct Line 333-0950 **NEW**) 1-800 475 9759  
Satellite Installer Jose Sandoval 044 314 358 2173

### **Tile – Colonial Mexican - Talavera and Saltillo**

Alex Sary (Tonala) - Av. Tonaltecas #136 01 333 683 0323  
La Casa de la Talavera (Tonala) - Av. Tonal No. 143 Same as above  
El Nuevo Zaguán (Tonala) - Picture Tile 01 333 683 5256  
CANTU Ceguátlá (Tlaquepaque)  
[www.ceramicasguadalajara.com](http://www.ceramicasguadalajara.com) 01 333 535 5981  
Artesanía Constructiva (Guadalajara) 01 333 811 4087  
ROBERT HILL (see under “Art Lessons”) **NEW** 334 3165  
Cerámica San Pedro (Guadalajara) [www.sanpedrotile.com.mx](http://www.sanpedrotile.com.mx) 01 333 647 0038  
 (“hard-to-find” Saltillo tile)  
Rusticos Residenciales de Colima (Colima) - Constitución 554 01 312 314 0974

### **Tourism , Manzanillo Department of**

Lucina Romero L., Director (speaks English) 332 1002, x323.

### **Tours – Excursions**

[www.FolkArtInMexico.com](http://www.FolkArtInMexico.com) (52) 334.334.8039

### **Travel Arrangements**

Ian Rumford (Canada) [www.bindardundat.com](http://www.bindardundat.com) [info@bindardundat.com](mailto:info@bindardundat.com)

### **Veterinarians**

Dr. Alejandro Garcia Guevara (044 314 357 0884) 332 7597  
Dr. Gabriela Leyva Chavez 9044 314 357 0128) 334 0329  
Dr. Javier de la Pena (044 314 353 7236) 332 1215



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*February 4, 2008*

*This is an evolving list of professionals we are aware of and some of us have used. Of course, we can not be responsible for any of them, but think of this as a phone list and we hope it helps you.*

*Please feel free to add to this list for us, or subtract*